

# Australian Kodokan Judo Association

## Media Release



Friday, 6 October 2017

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### National judo championships kick off this weekend

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South Australian judo players will be out to maintain their winning streak at the 2017 Australian Kodokan Judo Association (AKJA) National Judo Championships which kick off here in Adelaide this weekend at the Christian Brothers College gymnasium (Wakefield St, Adelaide).

South Australian competitors have dominated the last few national competitions and will be keen to maintain their winning streak. However, with strong competition from interstate teams they will have their work cut out for them. The President of the Kodokan Judo Association of South Australia, David Gordge, said there was a strong field of competitors from across Australia including a few who have travelled to Adelaide from overseas to compete.

“Competitors from across the nation have been training very hard in the lead up to this event” Mr Gordge said.

There are numerous categories for competition, from Kata (set forms) competition to combat Shiai competition with Junior, Cadet, Senior and Masters’ categories.

“This competition is focussed on providing a friendly and supportive environment for our top judoka to improve skills and test themselves against highly trained players from across Australia” Mr Gordge said.

The opening ceremony is scheduled for 9am on Saturday morning.

The general public are welcome to attend the competition throughout the weekend:

- Friday 6 October 2017 from 5pm – Open Kata competition
- Saturday 7 October 2017 from 9am – Opening Ceremony
- Saturday 7 October 2017 from 9.30am to 3pm – Junior and Cadet Divisions
- Sunday 8 October from 9.00am to 2pm – Senior and Masters Divisions

Judo has its origins as a Japanese martial art which later evolved into a competitive sport. The Australian Kodokan Judo Association is a grass-roots judo network with many clubs across the nation and numerous affiliations around the globe. Clubs are always on the lookout for new members and there is a strong youth development program across the nation.

“Judo is open and accessible to participants with a wide variety of abilities and is an excellent activity to increase physical fitness, improve agility and flexibility, and develop the body holistically” Mr Gordge said.

*For further information or comments telephone the President of Kodokan Judo Association of South Australia, David Gordge on 0416 115 195*

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